

## THE NEXT LEVEL LEADERSHIP CHALLENGE

Carve out time each month to develop your leadership skills. Challenge yourself to complete the lessons below within the **next 30 days**.



## Harvard ManageMentor Leadership Tip:

Coaching is a dialogue, and asking questions is an important way to spark additional thinking. Be honest if you can't listen with care and attention. Schedule a better time for the conversation -and keep the commitment.



Harvard ManageMentor Lesson 1: A Coaching Mindset (6 minutes) Plan to complete by:\_

- Watch the video: *Employees Expect Coaching* (1:01)
- **Reflection**: Think about a great coach you've had, personally or professionally. What did they do really well? How did they support your growth and make an impact on you?

**Lesson Complete** 



Harvard ManageMentor Lesson 2: Promote Learning Agility (13 minutes) Plan to complete by:

- Watch the video: A Learner's Mindset (1:21)
- **Download**: Challenging a Fixed Mindset Worksheet
- **Reflection**: Think of someone on your team who you believe has a fixed mindset. What could you say to them to help them see that they are capable of growth?
- Watch the video: Fail Forward, Fail Fast (2:42)
- Take action: What will you try on the job to coach others to be agile learners?

## Lesson Complete



Harvard ManageMentor Lesson 3: Hold Coaching Conversations (12 minutes) Plan to complete by:\_\_\_\_

- Identify: What is your biggest coaching challenge?
- Watch the video: Coach on a Daily Basis (1:23)
- Make a connection: What's one way you can fit coaching into your existing responsibilities?
- Watch the video: Coaching in the Moment (2:22)
- Download the worksheets: Creating a Coaching Action Plan and Coaching Meeting Notes. How will you begin incorporating these into your one-on-one team meetings?

Lesson Complete

Harvard ManageMentor Lesson 4: Listen and Question Effectively (17 minutes) Plan to complete by:

- Watch the video: New Perspective Through Reflection (2:31)
- Download the tool: Positive Habits for Engaged Listening. Try reframing "why" questions into open-ended questions that create engagement and exploration.
- **Make a connection**: Think of a recent situation when you offered a team member a solution instead of helping them evaluate the situation. What questions could you have asked instead?
- **Take action**: What will you try on the job to effectively reflect, listen, ask questions, and give input while coaching?

Lesson Complete



Harvard ManageMentor Lesson 5: Give Constructive Feedback (14 minutes) Plan to complete by:

- Watch the video: Why Failing to Give Feedback Does Long-Term Damage (2:21)
- **Download**: *Tips for Giving Coaching Feedback* and *Worksheet for Giving Feedback*.
- **Take action**: What will you try on the job to share input that facilitates growth?

Lesson Complete



Take the Assessment (10 minutes)

**Assessment Complete** 

Watch the Global Services webcast: Effective Training Programs Create Retention

Read our Take the Lead newsletter and Round the Table Special Section

**Register** for the Annual Meeting Virtual Event

Take the Webcast Poll to help MDRT Global Services provide you the best member experience